


Term 3, 2013

Parents Events Calendar

Purpose	<p>The Parents Events Calendar is a resource for parents, carers and families with children aged 10 to 25 years that identifies and promotes initiatives in the local community which supports and meets their needs by enhancing their abilities to best support local young people across the Bayside, Glen Eira and Kingston region. This resource is produced at the beginning of each school term.</p> <p>To view this information in an electronic format, please visit the Bayside Glen Eira Kingston Local Learning and Employment Network's (BGK LLEN) website at http://www.bgkllen.org.au/events.html which outlines the supports that are available for parents, carers and families in the region. Please feel free to reproduce the information in this calendar in your own communications, such as newsletter, bulletins and websites. We also encourage you to promote our website to parents and families.</p>
Developers	<p>This calendar is an initiative of the 'Working with Parents Network' and is made up of representatives from the following organisations: Bayside City Council; BGK LLEN; City of Glen Eira; City of Kingston; Department of Human Services; Family Life; headspace Southern; School Focused Youth Service; and Youth Connect.</p>
Information	<p>For more information or to promote your service via this calendar please contact: Suzanne Bray BGK LLEN (Bayside Glen Eira Kingston Local Learning and Employment Network) P: 9584 8845 E: suzanne.bray@bgkllen.org.au</p> 

Category: Support Groups

Program Name	Dates and Time	Venue	Overview of Program	Target Group	Cost	Contact Details
Parents Support Group	Every Thursday during School Term 10.30am to 12pm	Chelsea Activity Hub 3-5 Showers Avenue Chelsea	The group is an opportunity for parents and carers to meet other parents in the area and to meet Family Support Staff in a fun and relaxed atmosphere. Weekly activities and guest speakers are provided. Group calendar is available upon request. Pre-schoolers are welcome to attend with parents.	Parents and carers of children aged birth to 18 years who live in the City of Kingston	Free	O: City of Kingston Family Support P: 9581 4860
PFLAG Parents and Friends of Lesbians and Gays	The fourth Tuesday of the month July 23 rd August 27 th September 24 th 7.30pm	Sol Green Community Centre Corner Montague and Coventry Streets South Melbourne	PFLAG is a support group of parents of lesbians and gays who provide support for other parents, families and friends. The meetings are an opportunity for people with similar experiences to meet in a friendly and non challenging environment to learn from one another and help other people. Guest speakers are also invited to attend some of the meetings.	Parents of lesbians and gays	Free	O: PFLAG P: 9660 3960 (This is a message bank and is checked daily) W: www.pflagvictoria.org.au
Clarinda Parents' Group	Every Friday during the School Term 11.30am to 1.00pm	Clarinda Community Centre 58 Viney Street, Clarinda	The group is an opportunity for parents and carers to meet other parents in the area and to meet Family Support staff in a fun and relaxed atmosphere. Weekly activities and guest speakers are provided.	Parents and carers of children aged birth to 18 years who live in the City of Kingston	Free	O: Kingston Family Support P: 8551 1202

Category: Parents, Carers and Family Workshops

Program Name	Dates and Time	Venue	Overview of Program	Target Group	Cost	Contact Details
Who's In Charge	Tuesdays July 23 rd to September 10 th 7pm to 9pm	Family Life 197 Bluff Road Sandringham	"Who's In Charge" is an 8 week program specifically designed to provide parents of 11 to 18 year olds with knowledge, skills and strategies that assist them to deal effectively with children and young people's use of violent and/or abusive behaviour towards them as parents. The group provide a supportive environment and aims to lower parental self blame and feelings of guilt around parenting and to reduce isolation.	Parents, grandparents and carers of adolescents aged 11 to 18 years	Gold coin donation	N: Lorraine Timmins O: Family Life P: 9782 7800 Bookings are Essential
Peaceful Parenting: Managing Meltdowns, Creating Calm	Monday 29 th July 5.30pm to 7.30pm	Family Life 197 Bluff Road Sandringham	This workshop for parents will cover topics, such as investigating your child's current emotional and behavioural issues; discussing a range of tools to help manage 'meltdowns', creating positive change and self care for parents.	Parents of children aged 5 to 16 years	Free	N: Sharon Howie O: Family Life (Shine Team) P: 9770 0341 E: showie@familylife.com.au Registrations are required
Peaceful Parenting: Managing Meltdowns, Creating Calm	Monday 30 th September 5.30pm to 7.30pm	Family Life 1/450 Nepean Hwy Chelsea	This workshop for parents will cover topics, such as investigating your child's current emotional and behavioural issues; discussing a range of tools to help manage 'meltdowns', creating positive change and self care for parents.	Parents of children aged 5 to 16 years	Free	N: Sharon Howie O: Family Life (Shine Team) P: 9770 0341 E: showie@familylife.com.au Registrations are required