



# 2015 DARE2B PROGRAM

Date: 23rd July 2015—9am to 1pm  
Location: Kingston City Hall  
To register contact:  
Youth Connect on 03 8306 6300 or  
Email [info@youthconnect.com.au](mailto:info@youthconnect.com.au)



Beyond School

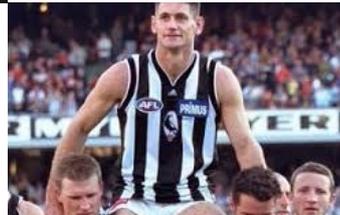
Mind Body & Soul



Get Me out of Here



Tackling Temptation



Presenters pictured from top:  
Louna Maroun - Vlogger  
Jake Fraser - Artist/Tattooist  
Simon Hastings - Paramedic  
Victoria Yordonopulo - Food Blogger  
Dylan Ruddy - Journalist  
Gavin Crosisca - Motivational Speaker



# 2015 DARE2B PROGRAM GUIDE

- 09:00am Arrive for 9.30am—Keynote Speaker
- 10:00am Workshops Choice 1
- 10:45am Morning Tea
- 11:00am Workshops Choice 2
- 11:45am Workshops Choice 3
- 12:30pm Final Act - 1pm Finish



## Session 1



### YOU CAN BE A HERO

#### Emergency Services Real Life Stories

Ever thought of working within the emergency services industry area? This workshop will show you that anything is possible including challenges and positive impact this work has on the community.

#### PRESENTERS

Greg Fenech—Fire Dept  
Simon Hastings - Paramedic  
Arran Ferguson—Vic Police

## Session 2

### DARE2B JOBS

Ever thought of going for a job out of the ordinary? Something fun, creative or risky? Come along and listen to these inspiring people who have done this for a living. You'll hear their stories, how they got to where they are and the struggles along the way. If you are considering a job that you think is not the norm come down to hear the speakers give you the tools you need to make this a reality!

#### PRESENTERS

Ben Aitken—Artist  
Jake Fraser—Artist/Tattooist  
Dylan Ruddy—Journalist  
Anytime Fitness—Personal Trainer

## Session 3



### BEYOND SCHOOL

#### Get Me Out of Here! - Gap Year/Volunteering

Want to get away from it all? Want to make a difference? There is a huge choice of things to do in your gap year that will give you a great experience, boost your confidence, improve your skills and make you more employable. Internships, volunteering overseas or locally - the skies the limit. Find out today.

#### Show Me the Money—Trade Careers

Like to get your hands dirty? Have a creative flair? Hear from industry organisations that can assist you on your path to gaining a recognised qualification in a trade career. Whether it's electrical, automotive hairstylists or something else you can find out more today.

#### PRESENTERS

Latitude  
Antipodeans Abroad  
Pivot Point  
NECA  
VACC  
VECCI  
MSAC  
Premier Auto Trade

## Session 4



### TACKLING TEMPTATION—Gavin Croisica

Through life experience Gavin will share his story of the dangers of drug & alcohol use whilst upholding a high profile AFL Football position and raising a family. He will speak about how to work towards your goals and deal with challenges that life may present.

### MIND BODY & SOUL—Victoria Yordonopulo

Ever wanted to make a change to live a happier, healthier, fuller life? In this session, learn the steps towards a brighter future with the tips to help make a transformation in the way you live, eat, talk and think.



## Session 5



### 5 MINUTE CHEF -

#### 'Cause you're not you when your starving!'

Do you ever come home 'Starving', looking at the fridge or going through the cupboard? And there's nothing to eat? Join our workshop and be shown by a Professional Chef, how to make a Yummy, Healthy afternoon snack in no time.

Presented by Travis McCauley Hellenic Republic Restaurant



## Session 6

### SHOOT FOR GOAL

How to balance school, family, friends and sport and shoot for your goals. Hear from a group of sporting professionals. Hear their journey and how they balanced school, jobs and doing the things they love. And how you can too!

#### PRESENTERS

Ashley Brown  
Jeremy Nikora  
Peter Keogh

## Session 7



### LOUNA MAROUN—Youtube Vlogger

Louna is a super talented musician, beauty guru and entertainer. With over 140 thousand followers across her 3 YouTube channels, Louna has developed a passionate following of 'Lounatixx' across the globe that are completely smitten with her unique style and lovable personality.

#### What do you think is the most rewarding part of being a YouTuber?

When people send you heartfelt emails, or tell you amazing stories about how your videos have helped them in some way. That is the ultimate reward. If I can make someone smile and forget their troubles for those 3-5 minutes, then I that's all I need to keep going.

## Session 8



### WHEELLY GOOD COFFEE—Barista Training

Demonstration on how to make coffee, and chance to make your own. Presented by our own Andrea Bashfield, experienced Coffee Guru.

